



ELEMENTARY SCHOOL CLASSROOM MENU GRADES PreK-6 February 2021

TIMO AT RRI		Lunch	antros sumbols. D - Doing free		
TWO AT BREAKFAST:		Lunch entree symbols: Đ = Dairy-free			
(Assorted Cereal (20-25g) or Graham Cracker (19g)		<> = Plant-based			
and Yogurt (14g) or Cheese Stick (1g)		* bread (12g) or heat-n-serve grain			
		Pork, seafood, and nut-containing products are not offered.			
Apple juice (14g) and fruit are served at breakfast also. 1% low		Grams of carbohydrate for each food are listed as (g).			
fat white milk (12g) or skim chocolate milk (24g) are offered at		Ingredient and other nutrition information available <u>online</u> at:			
meals.		CCSOH.US>Food Services and Menus>Itemized Food List			
A complete breakfast and lunch are FREE to every student!!		Menu is subject to change.			
		This institution is an equal opportunity provider, employer, and lender.			
2/1 Cohort A MONDAY Lunch	2/2 Cohort A TUESDAY Lunch	2/3 WEDNESDAY	2/4 Cohort B THURSDAY Lunch	2/5 Cohort B FRIDAY Lunch	
Pepperoni Pizza (28g) or	Hamburger on Bun	NO SCHOOL	Pepperoni Pizza (28g)		
WOW Soy Butter & Jelly	(20g) Đ		or		
Sandwich (55g) <>	or	Pick up 5-day meal	WOW Soy Butter &		
	• Cheddar Bits (0g) &	pack at a Fuel Up	Jelly Sandwich (55g) <>	NO CLASSES AT SCHOOL	
	Salsa (5g) & Tortilla	site.			
	Strips (23g) <> &				
	*Bread				
Vegetable and Fruit	Vegetable and Fruit	-	Vegetable and Fruit		
2/8	2/9	2/10	2/11	2/12	
Cohort A MONDAY Lunch	Cohort A TUESDAY Lunch	WEDNESDAY	Cohort B THURSDAY Lunch	Cohort B FRIDAY Lunch	
 Turkey Salami and 	 Macaroni and 	NO CLASSES AT	Turkey Salami and	Macaroni and Cheese	
Cheese Sub (29g)	Cheese (31g) &	SCHOOL	Cheese Sub (29g)	(31g) & Bread <>	
or	Bread <>		or	or	
• Peeps {hard-boiled	or	Pick up 5-day meal	Peeps {hard-boiled	• Turkey Sticks (0g) &	
eggs} (2g) ⊕ <> &	• Turkey Sticks (0g) &	pack at a Fuel Up	eggs} (2g) ⊕ <> &	Tortilla Strips (23g) Đ &	
*Bread	Tortilla Strips (23g) Đ	site.	*Bread	*Bread	
	& *Bread	5100.			
Vegetable and Fruit	Vegetable and Fruit		Vegetable and Fruit	Vegetable and Fruit	
Week 1 & 2 menu cycles		•			

Week 1 & 2 menu cycles

CCS Food Services 2/19/2021





ELEMENTARY SCHOOL CLASSROOM MENU GRADES PreK-6 February 2021

Vegetable and Fruit	Vegetable and Fruit		Vegetable and Fruit	Vegetable and Fruit	
	,	Fuel Up site.			
	Jelly Sandwich (55g) <>	meal pack at a			
Đ <> (2g) & *Bread	WOW Soy Butter &	Pick up 5-day			
 Peeps {hard-boiled eggs} 	or	SCHOOL	NO CLASSES AT SCHOOL		
or	Sandwich (31g)		NO CLASSES AT SCHOOL	NO CLASSES AT SCHOOL	
Cheese Pizza (27g)	Grilled Cheese	NO CLASSES AT			
2/22 Cohort A MONDAY Lunch	2/23 Cohort A TUESDAY Lunch	2/24 WEDNESDAY	2/25 Cohort B THURSDAY Lunch	2/26 Cohort B FRIDAY Lunch	
	Vegetable and Fruit	_	Vegetable and Fruit	Vegetable and Fruit	
	<> Đ	Fuel Up site.	& *Bread <>	<> Đ	
NO SCHOOL	Jelly (9g) & Bagel (26g)	meal pack at a	(2g) &Tortilla Strips (25g)	Jelly (9g) & Bagel (26g)	
	• Sun Butter (14g) &	Pick up 5-day	Bean Dip (12g) & Cheese	• Sun Butter (14g) &	
	or	SCHOOL	or	or	
	(30g)		& *Bread	(30g)	
	Turkey and Cheese Sub	NO CLASSES AT	• Chicken Nuggets (13g) Đ	Turkey and Cheese Sub	
2/15 Cohort A MONDAY Lunch	2/16 Cohort A TUESDAY Lunch	2/17 WEDNESDAY	2/18 Cohort B THURSDAY Lunch	2/19 Cohort B FRIDAY Lunch	
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A complete breakfast and lunch are FREE to every student!!		Menu is subject to change.			
		CCSOH.US>Food Services and Menus>Itemized Food List			
white milk (12g) or skim chocolate milk (24g) are offered at meals.		Ingredient and other nutrition information available <u>online</u> at:			
Apple juice (14g) and fruit are served at breakfast also. 1% low fat		Pork, seafood, and nut-containing products are not offered. Grams of carbohydrate for each food are listed as (g).			
and Yogurt (14g) or Cheese Stick (1g)		* bread (12g) or heat-n-serve grain			
Assorted Cereal (20-25g) or Graham Cracker (19g)		<> = Plant-based			
TWO AT BREAKFAST:		Lunch entree symbols: Đ = Dairy-free			

Weeks 3 and 4 menu cycles





ELEMENTARY SCHOOL CLASSROOM MENU GRADES PreK-6 March 2021

TWO AT BREAKFAST:		Lunch entree symbols: Đ = Dairy-free			
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and Yogurt (14g) or Cheese Stick (1g)		* bread (12g) or heat-n-serve grain			
		Pork, seafood, and nut-containing products are not offered.			
Apple juice (14g) and fruit are served at breakfast also. 1% low fat		Grams of carbohydrate for each food are listed as (g).			
white milk (12g) or skim chocolate milk (24g) are offered at meals.		Ingredient and other nutrition information available <u>online</u> at:			
		CCSOH.US>Food Services and Menus>Itemized Food List			
A complete breakfast and lunch are FREE to every student!!		Menu is subject to change.			
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3/1 Cohort A MONDAY Lunch	3/2 Cohort A TUESDAY Lunch	3/3 WEDNESDAY	3/4 Cohort B THURSDAY Lunch	3/5 Cohort B FRIDAY Lunch	
NO CLASSES AT SCHOOL	NO CLASSES AT SCHOOL	NO CLASSES AT SCHOOL Pick up 5-day meal pack at a Fuel Up site.	 Cheese Pizza (27g) or Peeps {hard-boiled eggs} → <> (2g) & *Bread 	 Grilled Cheese Sandwich (31g) or WOW Soy Butter & Jelly Sandwich (55g) <> 	
Vegetable and Fruit	Vegetable and Fruit		Vegetable and Fruit	Vegetable and Fruit	

Week 5 menu cycle